

2009 NCAA Division III
Midwest Regional Cross Country Championship
November 14 • Lake Breeze Golf Club • Winneconne, Wis.

TO:	Midwest Regional Cross Country Coaches
FROM:	Deb Vercauteren and John Zupanc Midwest Regional Championship Directors
SUBJECT:	NCAA Midwest Regional Qualifying Meet Information
DATE:	November 14, 2009
TIME:	11 a.m./Women's 6k Noon/Men's 8k
REGIONAL ENTRY DEADLINE AND PROCEDURE:	<p><u>Sunday, November 8</u></p> <ul style="list-style-type: none"> • 5 p.m. (regional host time) – Deadline for receipt of regional entry form through the online process via Direct Athletics (Late entries: \$100 fine per team, individual, and gender) www.directathletics.com/ncaa.html <p>Monday, November 9 - The host will then post preliminary entry lists by 5 p.m. local time.</p> <p>Tuesday, November 10 – Late entries and corrections must be submitted online to Direct Athletics by 5 p.m. Late entries and corrections are subjected to a \$100 fine per team and gender and must be approved by the Games Committee. No further entries will be accepted after this deadline.</p> <p><u>NCAA Results Web Page, Very Important for Teams:</u> Similar to last year, each institution that expects its team to finish in the top five in regionals should enter their last three meets results (prior to regionals) on the NCAA results page at http://diiicrosscountry.ncaa.org/. <u>The deadline for submitting information is November 8.</u> Your user ID and password for this site are the same as for all championships forms (key contacts and online budgets). Your director of athletics should have this information. If not, please have your director of athletics contact Linda Godby at 317-917-6507 or lgodby@ncaa.org.</p> <p>Instructions are located at the top of the page once you log in. You will be able to click on the number of meets, and also the green plus sign next to “Coach” and “Meets”. You will then click “Submit Entry for Team” when you are finished.</p>

<p>NATIONAL CHAMPIONSHIP QUALIFIER/ENTRY INFORMATION:</p>	<p>Teams (32 per gender) will be selected in the following manner:</p> <ul style="list-style-type: none"> • 16 teams will automatically qualify (two per region); • 16 at-large teams will be selected by the committee to be determined using the published criteria in the championships handbook; • Only the top five teams in each regional will be considered. • Regional performance/place is the primary piece of the criteria, as a team cannot be selected to the championships over a team it finished behind at its respective regional. <p>Individuals (56 per gender) will be selected in the following manner:</p> <ul style="list-style-type: none"> • 56 Individuals will automatically qualify (7 per region) • Remove the team championship qualifiers from regionals and renumber the remaining individuals (not with a qualifying team) to determine the individual national qualifiers. <p>Sunday, November 15, 2009</p> <ul style="list-style-type: none"> • 3 pm ET Championships fields are posted online at www.ncaa.com and the championship meet website • 3 pm – 9 pm ET Championship entry period via www.directathletics.com/ncaa Entries received after 9 p.m. shall be considered late but may still be accepted until 11 p.m. ET per games committee approval with a \$100 fine per team and gender. After 11 p.m. ET no further entries will be accepted
<p>COURSE:</p>	<p>The course will be the same as the 2007 NCAA Midwest Regional Championship. The terrain is basically flat with some slight, gradual grades. The highest elevation is located where the start merges with the large loop. The lowest elevations are at the start/finish. The footing is smooth and generally firm throughout the course. Three eighth inch spikes are recommended. The course map can be found online at http://www.titans.uwosh.edu/MCrossCountry/HomeFacility.html</p>
<p>INSPECTION AND SPECIAL ISSUES:</p>	<p>The course will be open for inspection from 1:00 to 4:30pm on Friday November 13. The course will be open for warm-ups after the frost is off the grass on race day, no later than 10:30am.</p> <p>Please instruct your athletes, coaches, parents, and friends to stay off the greens, tee boxes, sand traps and that no bikes or dogs are allowed on the golf course at any time.</p> <p>There will be one smaller tent at the start line area for teams. Teams are encouraged to use their own team tents in the rough areas of the golf course that are close to the start and finish.</p>

RESULTS:	<p>Complete results will be available at the course, online at PT Timing, and through UW-Oshkosh cross country webpage.</p> <p>Results will be posted in the clubhouse windows as soon as possible after each race.</p>
AWARDS:	<p>Championship awards to the women's and men's championship team and second place team. The top 35 finishers in the women's and men's races will be awarded USTFCCCA All Regional honors.</p> <p>The awards ceremony will be conducted on the grass area behind the clubhouse patio at approximately 1:15pm.</p>
COACHES' MEETING:	<p>A mandatory coaches' meeting will take place on Friday November 13 at 3:30 in the clubhouse. Championship packet information will be distributed. This will include team parking pass, box draw, packet information, numbers, chips, and final instructions. Failure to attend this meeting will result in a \$100 fine.</p>
ATHLETIC TRAINING:	<p>Head Athletic Trainer Wade Peitersen, 920-424-7138, peiterse@uwosh.edu</p> <p>There will be athletic trainers available at Kolf Sports Center and at the race site on Friday afternoon from 1:00 to 5:00 and Saturday from 9:30 to 1:30. Only emergency needs and ice will be available at the course.</p>
FINAL DECLARATION:	<p>Student-athletes must check in with the clerks at their assigned box 20 minutes before the start of the race.</p>
SQUAD SIZE:	<p>Participating teams are limited to a maximum of seven runners in uniform. Institutions entering five to seven runners in the regional qualifying meet must compete as a team. If fewer than five competitors from one institution compete in the regional qualifying meet they will compete as individuals only.</p>
PARKING:	<p>Parking is free for team vehicles and adjacent to the course. Spectators will be charged \$5 per vehicle to compensate for utilization of the golf course. Team vehicles will be issued a parking pass for the gravel lot. There is no parking on the frontage road, vehicles will be towed and ticketed.</p>
SHOWERS/LOCKER ROOMS:	<p>There is no dressing or shower facilities at the golf course. Kolf Sports Center will be available on Friday and after the championship on Saturday.</p>
NCAA MERCHANDISE:	<p>Coaches will have the opportunity to pre-order t-shirts online for this event. Further information and instructions will be sent out from the NCAA to all coaches attending the regional competition. NCAA merchandise sales will take place adjacent to the clubhouse from 2:00 to 4:00 on Friday and from 10:00 to 1:00 on Saturday.</p>

DIRECTIONS:	To get to Lake Breeze Golf Course take Hwy 41 and exit Hwy 45 North (Exit 120). Exit at Hwy 116 West toward Winneconne and go under Hwy 45 and turn right on the west frontage road, Ball Prairie Road. The course is on your left about one half mile north on Ball Prairie Road.
HOTELS:	There is no host hotel for the NCAA Midwest Regional Championships. Hotel information: http://www.oshkoshcvb.org/accommodations.cfm
BOX DRAW:	Box assignments will be online by Thursday and provided at the coaches meeting on Friday.
PACKET PICK-UP:	Packet pickup will be conducted on Friday in conjunction with the coaches meeting at 3:30 in the clubhouse.
CHIPS:	Chips (2 per athlete) will be distributed at the coaches meeting on Friday at 3:30 in the clubhouse. Chip collection will start at the conclusion of the each race in the clubhouse. There will be a \$100 per chip fee assessed for each chip not returned.
FOR MORE INFORMATION:	<p>Deb Vercauteren, Senior Assistant Athletic Director and Championship Director 920-424-1384 (Office), 920-685-6854 (Home) vercaute@uwosh.edu</p> <p>John Zupanc, Championship Director 920-424-7140 (Office), 920-685-6854 (Home) zupanc@uwosh.edu</p> <p>Kennan Timm, Sports Information Director 920-424-0365 (Office), 920-424-1035 (Fax) timmk@uwosh.edu</p> <p>Chuck Wilcoxon, Principia College, NCAA Midwest Region Representative 618-374-5032 Chuck.Wilcoxon@prin.edu</p> <p>Midwest Championship Website: http://www.titans.uwosh.edu/2009NCAAMidwestCCRegional/index.html</p>

**INCLEMENT
WEATHER
PROCEDURES:**

For the safety of all spectators, student-athletes, officials and coaches the following will be used in case of severe weather (e.g., cold temperatures and / or heavy snow):

1. The Meet Director and NCAA Representative will monitor the weather during the week and morning of the championship.

2. At the coaches meeting on Friday if there are expected delays due to weather at the championships the coaches should be given a central information location and/or phone number to call for information on delays and/or postponement to the following day. Then the host can leave a message at that number alerting coaches of different start times or a delay in course inspection times due to inclement weather or frost. This number should be placed in the information with the coaches packets and on the meet website.

3. The Games Committee will determine whether the start of the meet should be delayed or if the meet should be postponed until the following day. All consideration should be taken in regards to the policies toward competition on Sunday for each institution and if institutions involved in the competition have submitted those policies against competition on Sundays, the competition would be moved to Monday.

4. If the race has already begun and would have to be suspended in the middle of the competition the NCAA Track & Field Committee would recommend the following:

Women's 6,000 meter - if competition is suspended before the 2000 meters mark you may run the same day with a two hour delay. If competition is suspended after 2000 meters we would recommend postponement until the next day.

Men's 8,000 meter - if competition is suspended before the 3000 meters mark you may run the same day with a two hour delay. If competition is suspended after 3000 meters we would recommend postponement until the next day.

5. If necessary, competition may be postponed until Sunday, per NCAA policy, with competition not starting prior to 12:00 p.m. (Also dependent upon institutions with policies against Sunday competition). This information must be communicated with all involved institutions.

6. Prior to decisions on delaying or postponing competition, discussions must take place and approval must be granted by contacting John Williams (317-966-6443) at the national office and the chair of the Division III subcommittee.

7. If the meet is postponed to Sunday because of severe weather, the following time schedule may be used.

1:00 pm Women's 6000 Meter Race

2:00 pm Men's 8000 Meter Race

** Appropriate provisions will be made to the facility to ensure the safety of competitors and spectators. The Games Committee reserves the right to make changes to the above policies and schedules as they see fit.