

**WIAC Outdoor Track & Field Championships**  
**University of Wisconsin Oshkosh**  
**Oshkosh, WI**  
**May 1-2, 2009**

**Site:** J.J. Keller Field at Titan Stadium

**Meet Directors:** Al Ackerman, Athletic Director  
Jason Fast, Assistant Track & Field Coach

**Meet Web site:** [www.titans.uwosh.edu](http://www.titans.uwosh.edu)

**Entries:** A written official entry must arrive via electronic mail by noon Wednesday prior to the meet. The host institution is required to provide some means to allow coaches to view their online entries into the conference championships prior to the entry deadline. After 12 noon only scratches will be allowed. A final (official) copy of all flights and heats will be distributed at the pre-meet coaches' meetings with all changes noted at that time.

Delinquent entries may be requested from the Athletics Director of the university (not the coach). A \$50 fine will be levied and paid to the conference office for each delinquent entry to the indoor and outdoor championships with a maximum fine of \$150 per championship. The authority to levy a fine and admit a delinquent entry into the championships shall rest with the commissioner (or his designee). Both the chancellor and athletics director of the offending institution are to be notified about the fine.

Athletes scratched after 12 noon on Wednesday must be scratched from all events.

Top 24 honor roll performances plus four (4) wild card participants from each institution may be entered in the championships. All wildcard entries should be listed without a time for running events or mark in the field events even if the athlete has obtained one during the season and is not in the top 24 on the honor roll. Furthermore, no institution is permitted more than eight (8) declarable athletes in any one event for the championships.

No more than one (1) team per university will be allowed in any relay event.

**Heat Sheets:** Heat sheets will be posted by 4:00pm on the Thursday prior to the championships at [pttiming.com](http://pttiming.com).

**Schedule:** A schedule is attached for both Friday and Saturday

**Coaches Meeting:** Friday-Women 11am, Men 1:50pm in the Russ Young Complex second floor conference room.

**Games Committee:** **Women:** Deb Vercauteren(UWO), Chip Schneider(UWEC), Jim Nickasch(UWP). **Men:** John Zupanc(UWO), Chip Schneider(UWEC), Jim Nickasch(UWP)

### **Track Facility Specifications**

**Track:** This is a 400-meter track, featuring nine 48” wide lanes on a Mondo surface. All races will utilize Finish Lynx Automatic timing system as primary and back up.

**Track Issues:** Spikes must be pyramid or Christmas tree shaped with a maximum exposed length of ¼ inch. This applies to the long jump, triple jump, high jump, javelin and pole vault as well as all running events.

**All spikes with permanent pins will not be allowed (ie: Asics Japan will not be allowed. Meet officials will enforce this rule. The penalty for this infraction is disqualification.** Also please no spitting of gum or sunflower seeds on the track or infield.

**Horizontal Jumps:** The long jump/triple jump will be contested on the infield on the backstretch runway. The approach is 140 feet in length with boards located at 5, 12, 28, 32, 36 and 40 feet. The facility is equipped with 4 separate pits.

**High Jump:** The high jump will be contested on the infield and has 70 feet of approach. Additional room can be made.

**Pole Vault:** The pole vault will be contested on the infield on the front stretch runway. The runway is 135 feet in length.

**Shot Put:** The shot put will be contested on the north side of the track. The competition circle is cement.

**Discus:** The discus will be contested outside the track (NE side). The competition circle is cement.

**Javelin:** The javelin will be contested outside the track (West side) The competition runway is a rubberized track surface.

**Credentials:** Meet officials, coaches, and student athletes will be issued a credential that must be shown to enter the competition area

**Weigh Ins:** Laundry Room in the stadium concourse. Friday: 10am-11am, 1pm-2pm. Saturday: 8am-9am.

- Locker Rooms:** Locker rooms are available underneath J.J. Keller Field at Titan Stadium.
- Athletic Trainers:** Athletic Trainers will be at the event areas and the main training room will be located underneath the stadium. Ice will be available upon request.
- Concessions:** Concessions will be sold in the concourse for the duration of the meet.
- Bus Parking:** University Lot 39 which is on the corner of Witzel Ave and Campbell Rd.
- Admission:** Adults: \$8.00  
Students: \$4.00  
Senior Citizens: \$5.00
- Results:** Posted on [pttiming.com](http://pttiming.com) and [uwosh.titans.edu](http://uwosh.titans.edu) immediately following the competition.

**WIAC OUTDOOR TRACK AND FIELD CHAMPIONSHIP RULES FOR  
PRELIMINARY AND FINAL HEATS**

- A. The number of finalists for all field events shall be nine (ties per NCAA rules).
- B. All sprints (100, 100 hurdles, 200, 400, 400 hurdles) contested at the outdoor championships shall be seeded into “preferred lanes”.
- C. All relays contested at the outdoor championships shall be seeded into “preferred lanes”.
- D. In instances in which the meet director has determined that unfavorable wind conditions exist, the track is to be reversed for the 100m, 100/110m hurdles, 200m including the combined events.
- E. The distance races shall be seeded as follow:
1. 1500M and Steeplechase: one section for 15 or fewer competitors; two sections for more than 15 competitors with 12 in the fast section.
  2. The 5000M shall be run in one section only.
- F. Finalists for all running events shall be decided per NCAA Rules.