

## Value Rubric

### Learning Objective: **Leadership and Teamwork**

**Definition:** As an integral member of a team, the student-athlete will need to assume leadership responsibilities both on and off the field. They will fully participate, follow coaches' direction, and encourage, support, and develop the talents of their teammates. Teamwork is a behavior under the control of individual team members (effort they put into team tasks, their manner of interacting with others on the team, and the quality and quantity of contributions they make to team discussions).

<b><u>Characteristics</u></b>	<b><u>Benchmark</u></b>	<b><u>Milestone</u></b>	<b><u>Milestone</u></b>	<b><u>Capstone</u></b>
Contributes outside team meetings	Makes 98% of all in-season lifting sessions, practices, and team activities	Makes all lifts and is at all team activities	Encourages others to excel in team activities	Visible and vocal leader. Organizes others to participate in team activities
Contributes at team meetings	Attends all meetings	Participates in all meetings	Actively participates in all meetings by asking questions	Helps lead group activities within meetings
Transfers what is learned in meetings to practices and games	Able to transfer 75% of meeting topics onto field	Able to transfer 85% of meeting topics onto field	Encourages others to learn new concepts	Facilitates others in their implementation of learned concepts
Teamwork on the field (both games and practice)	Makes 100% of practices on time	Is actively engaged in 100% of practices and games	Gets other involved in practice/game	Routinely increases engagement of others at practice/game
Fosters Constructive team Climate	Encourages teammates in a positive manner	Routinely encourages teammates in a positive manner	Maintains a healthy team environment	Leads others to foster a healthy team environment
Responds to Conflict	Is focused and level headed	Handles adversity	Leads others to handle adversity	Fosters and creates an environment to help others handle adversity